



### Cyberbullying involving ethnic minority pupils and the role of parents for prevention and intervention

Ethnicity and Indigeneity in Cyberbullying among Youth: A Multi-Method Exploration for Informing Research and Intervention Approaches



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**RESEARCH SUMMARY**

This research explores youths' experiences of general and identity-based cyberbullying perpetration, asking how ethnicity and Indigeneity shape involvement. Understanding their protective role can inform prevention and intervention efforts.

**MAIN FINDING**

**D = 0.342**

small-to-moderate effect size difference between students with high ethnic identity commitment and students with low ethnic identity commitment

**Students with a stronger sense of belonging to their ethnic group tend to engage less in general and ethnicity based cyberbullying compared to those who feel less connected. A strong sense of ethnic belonging may function as a protective factor, supporting more reflective engagement in digital environments.**

**WHY IT MATTERS**

Equipping young people with skills to navigate cultural diversity in digital contexts is essential, and ethnic identity development represents a promising component of comprehensive cyberbullying prevention efforts.

**KEY CONCLUSION**

Ethnic identity is relevant not only for minorities but also for ethnic majority youth. A stronger sense of ethnic belonging may foster greater understanding of others, potentially reducing engagement in general and ethnicity based cyberbullying.

### Inside the Research

**ABOUT THE RESEARCH**

The research examined ethnicity- and Indigeneity-related factors in general and identity-based cyberbullying among ethnic minority, Indigenous, and ethnic majority youth, through a database search and school-based research in Norway.

**STUDY AT A GLANCE**

**country:** globally for scoping review, Norway for empirical studies

**participants:** children and adolescents

**age group:** up to 18 years old for scoping review; 11-16 years old for empirical studies

**method:** multi-method (systematic scoping review, quantitative and qualitative)

**focus:** ethnicity, indigeneity in general and identity-based cyberbullying

**FINDING 1**

**An intersectional lens helps explain the relation between ethnic identity development and cyberbullying perpetration**

**FINDING 2**

**Sámi youth show a strong identity connection and value inter minority empathy, shaping their views on cyberbullying**

**FINAL CONCLUSIONS**

Although ethnicity and Indigeneity are frequently framed as sources of vulnerability, they may also serve as protective factors toward cyberbullying for both minority and majority youth. Integrating ethnic and Indigenous identity development into prevention and intervention programs may therefore strengthen their effectiveness.



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